

Caring is What We Do

Our Carer Program provides a range of services to assist you in your caring role and make your life better.

We understand the caring role. That's why we have developed a specialised range of FREE programs and services to support the amazing role carers play in the community.

Our services include:



Carer Health & Wellbeing Program – activities and events focusing on your health and wellbeing, and connecting to other carers and your local community.



Carer Retreats – gives carers the chance to step away from their caring role, to slow down, get some well-deserved time off, and have time to connect and focus on themselves.



No Interest Loan Scheme (NILS) – provides access to interest free loans for the purchase of essential goods and services.



Guardianship & Advocacy Program – assists carers to navigate the Queensland Civil and Administrative Tribunal system.



It's All About Me – a self-care and wellbeing program for young carers living in the Rockhampton and Capricorn Region. This program is delivered over 10 weeks during school term.



Community Engagement – provides tailored information sessions and will attend community events to raise awareness of carers and the services available.



Carer Program Officers – based in North Lakes, Rockhampton and Gold Coast, host regional events and activities, assist in completing NILS applications, connect carers to community supports, plan and facilitate carer consultation opportunities.

Connect with us today!



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carersqld.com.au/carers-program