



# We Care Do You?



**CarersQLD**  
Australia

*Making life better*

# WE ARE HERE FOR YOU

## **Carers look after a family member or friend with a disability or health condition.**

Many people don't realise they are a carer – they may think of themselves as a parent, child, partner relative or friend.

There are more than 2.65 million carers across Australia.

Carers come from all cultures and walks of life, supporting people in many different ways including personal care, medication, shopping, and even paying bills.

## **You are not alone, we are here for you.**

For more than 30 years, Carers Queensland has been making life better.

We understand caring and provide a range of free services for carers that focus on connecting you with the support you need.

You can access these services both online and face-to-face.

## **Carers need support too.**

Our Carer Program is designed to make your life better. It's grounded in our longstanding commitment to improving your quality of life.

If you are a carer – or think you might be – contact our team and find out how we can make your life better.

## **Connect with us today!**

## You might be eligible for FREE services.

If you answer YES to the questions below, we can help!



**Do you have a family member or friend with...?**



Disability



Health  
Condition



Mental Health  
Condition



Substance  
Misuse



**Do you help them with daily tasks, such as...?**



Medication



Personal  
Care



Shopping



Meal Prep



Emotional  
Support



Paying Bills

# CONNECT WITH US



SCAN ME



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