

National Carers Week 2023

Let's celebrate carers – get involved!

The more we share, the louder our voice. To celebrate National Carers Week, this year's theme, **'Millions of Reasons to Care'**, encourages businesses to get involved in National Carers Week and raise awareness of the incredible contribution unpaid carers make to our nation.

There are many ways that you can get involved.

Find some inspiration, discover a range of activities and help us celebrate Australia's 2.65 million unpaid carers.

Our National Carers Week resources are now available. Make a buzz on social media or in your workplace and show your **#millionsofreasonstocare!**

Share the Resources

Join us in raising awareness of the invaluable contributions made by unpaid carers in Australia. Download a range of flyers, posters, and social media tiles ready for you to share.

Visit Carers Australia's Resource Hub at: carersweek.com.au/resources

Hosting an event

It could be an online or a face-to-face event, something like:

- a morning/afternoon tea
- a trivia night (online or face-to-face)
- a movie night
- an information session (online or face-to-face)

Join on social media

Raise your voice and help build a carer-friendly Australia by using:

#Carers2023 • **#MillionsOfReasonsToCare** • **#CarersWeek2023** • **#MakingLifeBetter**

Don't forget to tag Carers Queensland across your social media platforms!

Follow our social media accounts for updates on the week:

Facebook: @carersqueensland • **Twitter:** @CarersQLD • **LinkedIn:** @Carers Queensland Inc.
YouTube: @Carers Queensland

Subscribe to our newsletter

Don't miss a thing – subscribe now and our team will send you the latest news, events, program updates – and even special offers. Go to: carersqld.com.au/resources/subscribe

To find National Carers Week event near you, visit: carersweek.com.au/events