

# Participants wanted!

## Can we make starting school less worrying for children on the autism spectrum?

### Who can take part?

- ❖ Parents of children on the autism spectrum who start school in 2022 in South-East Queensland.
- ❖ Your child does not need an anxiety diagnosis to take part.

### What will happen and when?

- ❖ We want to know if a 6-week parent group can help to prevent or reduce anxiety in children on the autism spectrum as they begin school.
- ❖ Parent groups will be run during Term 3 and Term 4 at Griffith University (Logan, Mount Gravatt, South Bank). Daytime or evening groups are available.
- ❖ The parent group sessions are run by an experienced qualified Clinical Psychologist (A/Prof Dawn Adams) and are free for parents.
- ❖ Participating parents receive gift cards to thank them for their time and reports of their children's assessment scores.

For more information email: [coolforschool@griffith.edu.au](mailto:coolforschool@griffith.edu.au)



This study has been reviewed by Griffith Human Research Ethics Committee; reference 2019/989