

If you are an unpaid carer and would like to talk to a counsellor, call 1800 242 636 to make an appointment.

Or go to www.carersaustralia.com.au to connect with your state or territory Carers Association.

Carers provide unpaid care and support to family members and friends who have a disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue or are frail aged.

This national service is funded by the Australian Government.



NATIONAL CARER COUNSELLING PROGRAM

TALK TO SOMEONE ABOUT
YOUR CARING

1800 242 636



Carers ACT
www.carersact.org.au

Carers SA
www.carers-sa.asn.au

Carers NSW
www.carersnsw.asn.au

Carers TAS
www.carerstas.org

Carers NT
www.carersnt@carersnt.asn.au

Carers VIC
www.carersvictoria.org.au

Carers QLD
www.carersqld.asn.au

Carers WA
www.carerswa.asn.au



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