We Are Here for You!





Making life better

Carers look after a family member or friend with a disability or health condition.

Many people don't realise they are a carer – you may think of yourself as a parent, child, partner, relative, or friend. Carers come from all cultures and walks of life. They support people in many different ways.

Carers need support too.

Carers are amazing, and looking after yourself will improve your ability to care for others.

Our Carer Program is designed to make your life better. It's grounded in our longstanding commitment to improving your quality of life.

We offer a range of FREE services that are both online and face-to-face, to assist you in your caring role and provide opportunities for you to connect with other carers and community supports.

Tune in to your health and wellbeing.

Our Carer Program has entered a new beginning with the launch of the Carer Health and Wellbeing Facebook Group – a dedicated home for health and wellbeing information and events, just for carers.

Carers across Queensland can now stay up to date on our range of different events, activities, and services.

Be part of a caring community and join our Facebook Group today!

We care for you while you care for others.

You are not alone. We understand the caring role and are here for you.

That's why we have developed a specialised range of FREE programs and services to support the amazing role carers play in the community.

Help is available for unpaid carers.

Our Carer Program is focused on your health and wellbeing.

Our services include:



Carer Health & Wellbeing Program



Carer Retreats



No Interest Loan Scheme (NILS)



Guardian & Advocacy Program



It's All About Me



Community Engagement

If you are a carer – or think you might be – contact our team and find out if we can make your life better.

Connect with us today!

CONNECT WITH US



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ABN: 20 061 257 725 ACN: 618 755 490 Funded by Commonwealth and State Governments