



Queensland University  
of Technology



## Supporting Spouses of Residents with Dementia

# ARE YOU A SPOUSE OR PARTNER OF SOMEONE WITH DEMENTIA WHO HAS MOVED INTO RESIDENTIAL CARE WITHIN THE PAST 12 MONTHS?

My name is Deborah Brooks. I am a PhD student at the Dementia Centre for Research Collaboration at Queensland University of Technology (QUT).

I am testing a new telephone support program to help spouses and partners of people with dementia cope with any issues surrounding the move into residential care. If you agree to take part in this study, you will be randomly allocated to one of two groups based on the care facility where your partner lives:

- **Group 1** will receive a telephone support program (time commitment = 2 hours of interviews plus 6 hours telephone support, delivered over 12 weeks)
- **Group 2** will receive a printed information pack about coping with placement, managing feelings, working in partnership with residential care staff, and details of support services (time commitment = 2 hours of interviews plus one-off information pack).

If you are interested in taking part in this research study, please contact Deborah for further details:

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