

Residential Care
Transition Counselling
& Support Research



Are you a family carer of someone with dementia who has Aged Care Assessment Team (ACAT) approval to move into residential care?

We are interested in finding out if providing different types of support helps people cope with issues surrounding the move of a family member or friend with dementia into residential care.

If you agree to take part, you will be randomly allocated to either:

- **Group 1** will receive a **counselling support program** (via video-call or phone) **and a printed information pack**
- **Group 2** will receive a **check-in call and a printed information pack**

Potential benefits

You may find it helpful to receive counselling support or printed support resources. This project may also benefit family carers of people with dementia in the future by providing evidence of appropriate support.



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For more information

If you are interested in taking part in this research study or have any questions, please get in touch.

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Visit: research.qut.edu.au/rct-cas

